



# Trauma-Informed Care Provider Cohort

## Summer 2024 VIRTUAL Series

Join our Family Child Care and Family, Friend & Neighbor cohort. Participants will engage in 8 hours of training on Trauma Informed Care and continue the conversation with their cohort in 3 Provider Cafés. This experience will build knowledge on caring for children who are experiencing trauma and provide opportunities to share and learn from peers.

### TIC Training - 8 hours Total

Trainings will include:

- Definitions of trauma
- The impact of trauma on the brain and children's behavior
- Key strategies to support children, build their resilience, and minimize the adverse effects of trauma

**Thursdays:** July 25, August 1,  
August 8 & August 15, 2024  
6:30-8:30pm  
VIRTUAL on Zoom

### Provider Cafe's - 3 Total

The café sessions are intended for providers to engage in meaningful conversations around Trauma Informed Care, with questions focused on self-care, their strengths and challenges while providing TIC, and growth within the field. Conversations will be opportunities to learn from one another but also get social support from others who are also providing care to children who have experienced trauma.

**Saturdays:** August 3, August 10  
& August 17, 2024  
9:30-11:00am  
VIRTUAL on Zoom

This is a limited opportunity, registration is required. Only registered participants will be able to attend and be eligible for a stipend upon completion of all required classes .

### Questions & to Register

Vickie Staysa  
530.676.0707  
VStaysa@catalystcomm.org

Various Stipends Available  
for El Dorado County and  
Alpine County Childcare  
Providers

A division of

**Catalyst**  
Family Inc.

Licensed Nonprofit 501(c)(3)